



**PAN-AMERICAN GOJU RYU
KARATEDO SEIWA KAI
NEWSLETTER**

全米剛柔流空手道

誠和会社内報

**Dedicated to Traditional Goju Ryu Karatedo
ISSUE 17: March/April 2016**

All issues of the Pan-American Seiwa Kai Newsletter can be found online at:
<http://www.greatlakesseiwakai.com/usa-seiwa-kai-newsletters.html>

Send submissions to the USA Seiwa Kai Newsletter to
greatlakesseiwakai@gmail.com

Seiwa Kai Founder: Shuji Tasaki, Shihan

Seiwa Kai President: Seiichi Fujiwara, Shihan

Seiwa Kai Director Appointed by Shuji Tasaki: Vassie Naidoo Shihan

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Vassie Naidoo: Liaison



Kawase Hasui: *Morning at Dotonbori in Osaka*

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Enso 円相 – The Complete Circle: The Way of Combat And the Way of the Arts

By Mark Cramer

We are all aware of the reputation of the Samurai as accomplished warriors. Novels, movies, and television are replete with examples of their fighting prowess. However, fighting is usually the only aspect of the samurai's life that is examined in our culture's media. Unfortunately, our obsession with the samurai's fighting abilities gives us an incomplete and simplistic view of the complexities of the warrior class of Japan. It is true that the samurai were expected to be extremely proficient in a variety of fighting arts, but they were also expected to excel in a host of other arts. It is this latter aspect of samurai life that is too often

ignored in our society giving us a simplistic view of these warriors and the complexities of their lives.

Recently I was reading several articles on a related topic, and I came across some interesting information that offered a more accurate picture of the complexities of the life of the samurai. The warrior class in Japan rose to power during the Kamakura Period (1192 to 1333) and remained in power through the Edo Period until the Meiji Restoration in 1868.[i] From the earliest times, the literary arts and the fine arts were very much a part of the lives of the samurai. Akihiro Omi provides us with a more panoramic view of Japan's warrior class: "In addition to refining their fighting skills, the Kamakura warriors were expected to be proficient in calligraphy, painting, poetry, music and other arts." [ii]

As we can see, the warrior class of Japan was expected to be proficient in more than just the arts of war. They were also expected to be competent in the literary and the fine arts. This seems quite logical when you realize that the arts represent transient beauty, and in a similar manner the beauty of the samurai's life could be quickly cut short. Consequently, for the samurai class, all of the arts were treated as necessary parts of a complete person.[iii]

Right: *Hotei Watching a Cock Fight* by Musashi (Ink on Paper)





It must be noted that the pursuit of all arts not was universally approved by the warrior class. While some considered Noh dancing to be inappropriate for a samurai[iv], others warned that placing the pursuit of the arts above the pursuit of the ways of combat was a dangerous endeavor.[v] Nonetheless, within Japan's warrior class it appears to be universally held that there should be a harmonious balance between the pursuit of the martial arts and the pursuit of the other arts.[vi]

As we all know, Miyamoto Musashi was Japan's preeminent samurai and is frequently referred to as the sword-saint (Kensei). In his *Book of Five Rings*, Musashi explains the connection between the way of the sword and the way of the literary arts: "It is said that the warrior's is the twofold Way of the pen and the sword, and that he should have a taste for both Ways."[vii] Additionally, along with being the victor of at least sixty duels, he was an accomplished calligrapher, artist, poet, and writer.[viii] According to Musashi's words and deeds, the ideal Japanese warrior needed to be proficient in the ways of combat, the ways of the pen, and the ways of an artist.

Japan's modern era began with the Meiji Restoration, and the samurai class was officially abolished. However, the values of the samurai class did not disappear. This was in large part due to one of the objectives of Kokutai, Japan's National Essence policy. The Japanese government's goal was to instill the ideals and values of the old samurai class into all of the social classes in a modernized Japan. The samurai's fighting spirit was to be instilled into the entire population through this program, and in this manner all conscripts into the Japanese Imperial Armed Forces would possess the qualities of Japan's warrior class.[ix]

In the 1930s, the Japanese government printed an official pamphlet spelling out the meaning of Kokutai. This National Essence document specified that the love of transient beauty was an essential Japanese characteristic of all citizens. Consequently, it was also expected that the samurai's appreciation of the arts was to be emulated by the general public in Japan.[x] In this manner, the both the samurai's fighting spirit and the samurai's appreciation of the arts continued into the modern period.



While I was reading these articles, I was reminded of what Leo Lipinski Shihan had said in the previous issue of this newsletter. He told us that Shuji Tasaki Sensei was not only a fierce martial artist, but that he was also an Ikebana artist, a Chado (Tea Ceremony) master, and an accomplished musician. It appears that Tasaki Sensei was keeping alive the spirit of Japan's warrior class which can be traced back more than eight hundred years. He was an individual accomplished in both the martial arts and in the fine arts.

I was also reminded of something that Fujiwara Shihan wrote a few years back in a letter addressed to all senior Seiwakai members and their students: *"Please be aware that you are part of a Japanese organization with Japanese cultural values. This is what Seiwakai karate is about. It is not simply karate without values."* We are a Japanese Karatedo organization, and that sets us apart from the Westernized karate groups. We should endeavor to learn and understand those values that make us unique. Some of these values involve our manner of interacting with each other as stated in the letter. However, I believe that these values also pertain to the acquisition of the fighting spirit which is found in Japanese Goju Ryu Karatedo, and the appreciation of the transient beauty which is found in the literary and fine arts.



It seems to me that if we are going to be faithful to the values of Japan's warrior spirit, if we are going to be faithful to the values of Tasaki Sensei and our Japanese organization, then we need to ensure that the martial arts, the literary arts, and the fine arts are a part of our lives. If we cannot become proficient in arts other than Goju Ryu Karatedo, then at the very least we need to cultivate a deep appreciation of them.

[i] Omi, Akihiro: *Classical Fighting Arts*: Vol 3. No. 2 (Issue #52) Pages 48-51

[ii] Omi, Akihiro: *Classical Fighting Arts*: Vol 3. No. 2 (Issue #52) Page 48

[iii] Wilson, William Scott: *Ideals of the Samurai*: Page 28

[iv] Wilson, William Scott: *Ideals of the Samurai*: Page 28

[v] Yuzan, Daidoji (Translated by William Scott Wilson): *Budoshoshinshu* Pages 51-55

[vi] Wilson, William Scott: *Ideals of the Samurai*: Page 28

[vii] Musashi, Miyamoto (Translated by Victor Harris): *A Book of Five Rings*: Page 17

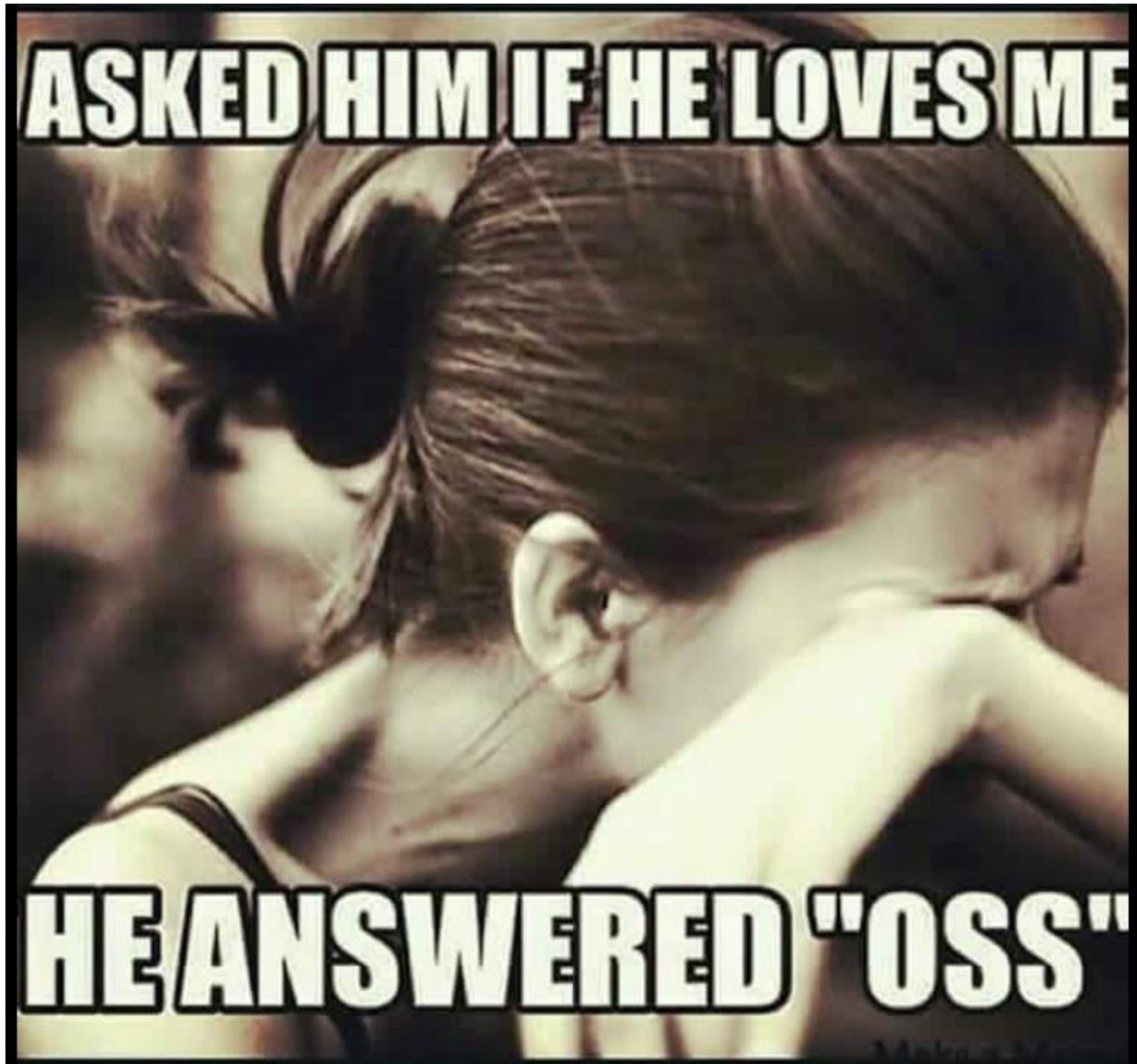
[viii] Musashi, Miyamoto (Translated by Victor Harris): *A Book of Five Rings*: Pages 23 – 32

[ix] McCarthy Patrick: *Bubishi*: page 52

[x] Wm. Theodore de Bary, Carol Gluck, and Arthur L. Tiedemann: *Sources of Japanese Tradition*:
<http://afe.easia.columbia.edu/ps/japan/kokutai.pdf> Page 4

Seiwa Kai Humor

Contributed by Jan Stefanovic



Beef Jerky

By Jim Pounds



I run a lot as cross-training. I can't say that I like it that much anymore. Even though I still look forward to my runs, they are beginning to feel too much like work. When I'm out on the trails pounding away, it is not as easy as it once was. My breathing seems more ragged. My calf muscles tighten. The next kilometer sometimes feels like infinity. I'm afraid my days of bounding almost effortlessly like an exuberant gazelle are over. But I keep running. I work at it because I like the way I feel afterwards. It keeps me in shape. My outlook on it is probably as much mental as physical, however. I could really use a fresh perspective.

And that fresh perspective idea reminds me of kata. I've always liked kata. The longer I train as a karateka, the more I realize that kata is karate. I'm astounded at the amount of knowledge in each kata – unfathomable knowledge. When I think I really understand a kata is when I always learn something new – a more subtle way of executing a technique, or perhaps a hidden application I just had never found before. But sometimes I get flat and need that fresh perspective.

Once I heard a senior sensei say that getting the “flavor” of a kata is similar to eating a piece of beef jerky. When you first try it, it is very tough and has no distinguishable flavor. You have to chew it, work it, because it is so hard. As you do, it softens some and becomes easier to chew. It begins to give up its flavor. Only after much time and work does it actually begin to taste good. Understanding a kata is a similar process.



To get that fresh perspective, I always return to my least “favorite” katas in cycles over time in an effort to better understand and execute them. To taste them better, so to speak. Oh, I'd been running them all along, but I would not dwell on them – delve deeper into their essence. Perhaps they were not best for my body type. Or my temperament. Or my sense of timing. Besides, I had other katas that were more enjoyable. They were a better fit in my mind. They just felt right. I suspect that in reality I was simply being a less-than-complete practitioner.

I learned that early masters in Okinawa rarely taught a practitioner more than a few kata of their ryu. Rarely did any student learn them all, and only the most promising disciple was chosen for this honor and responsibility. I've heard the more limited teaching had to do with body type of the student. Perhaps it was also because of the secrecy of the times that only the most trusted one – the heir apparent – learned the complete system. Since kata is considered to be the memory banks of the individual ryu, perhaps the master was reluctant to entrust the complete database to anyone other than the chosen one. Being the recipient of a kata from the Master was a tremendous gift. It still is.

I only know that when I inevitably get back around to spending focused time on my least favorite katas, they begin to reluctantly give up their secrets and allow me to taste their unique flavor. Maybe it's after the fourth or fifth cycle back to them - maybe it's the twentieth...after all, I've been at this a while now - that I discover that they are no longer my least favorite katas. I begin to like them more and more as my body, through continual practice, comes to understand their rhythms. Some have even come to be my favorites. Just like beef jerky, if I chew it long enough it isn't so tough. And it maybe even tastes good!

Goshukan Goju Ryu Karatedo Seiwa Kai Canada Seminar with Fujiwara Hanshi

Goshukan Seiwakai Canada
2016
Orangeville, ON

剛流柔

空手道

Fujiwara
Hanshi

Training location
Athlete Institute
207321 Hwy 9 Mono, ON

Hosted by
The Orangeville Dojo
(519) 941-3656

Friday, May 13th to Sunday, May 15th

This May 13, 14, and 15 Goshukan Canada will be hosting a seminar in Toronto, Ontario that will be taught by Seiichi Fujiwara Hanshi.

Vassie Naidoo Kyoshi has cancelled the USA Seiwa Kai Instructor's Seminar which is typically held at that time of year and is asking that all instructors from the U.S. to instead make plans to attend the seminar in Toronto.

If you have never been to Toronto, I can tell you that is one of the most pleasant cities in North America and is certainly a place that you don't want to miss. Located in southern Ontario, Toronto is extremely cosmopolitan, and is the fourth largest city in North America.

**Registration information
is located below.**

Goshukan Seiwa Kai Goju Ryu Karatedo Spring Training Camp

剛修館誠和会剛柔流空手道春合宿

REGISTRATION FORM

Orangeville, Ontario Friday May 13 - Sunday May 15, 2016

Name: _____ Address: _____
City: _____ Prov/State: _____ Postal/Zip: _____
Dojo: _____ Instructor: _____ Current Rank: _____
Phone: _____ Email: _____

Seminar Schedule:

Friday, May 13, 2016

- 5:00pm - 6:00pm Registration Athlete Institute
- 6:00pm - 9:00pm Training Athlete Institute

Saturday, May 14, 2016

- 9:00am - 11:30pm Athlete Institute
- 11:30am - 1:00pm Lunch Break (on your own)
- 1:00pm - 3:00pm Athlete Institute
- 4:00pm - 5:00pm Orangeville Dojo – Grading
- 7:00pm - 9:00pm Dinner, Best Western Orangeville

Sunday, May 15, 2016

- 9:00am - 12:00pm Athlete Institute

Rooms: Group Rate available at Best Western under SEIWAKAI \$159.99 plus taxes for a Double

Please Check Activities Attending: Cost: No. Attending: Total:

Full Weekend Training

- Adults \$180 (\$200 at the door) _____ \$ _____
- 15 & Under \$120 (\$140 at the door)

Saturday Only

- Adult \$120 (\$140 at the door) _____ \$ _____
- 15 & Under \$80 (\$100 at the door)

Saturday Dinner

- \$ 50.00 Adult _____ \$ _____
- \$ 30.00 Child _____ \$ _____

Final Total: \$ _____

FAMILY RATES AVAILABLE - Second family member pays 75% of fee, third member onwards pays 50%

Visa Mastercard

CreditCard # : _____ Exp : _____

For further information, please contact The Dojo at (519)941-3656 or speak with your Instructor

*** WAIVER FORM - MUST BE SIGNED FOR ENTRY INTO SEMINAR. EACH PARTICIPANT MUST HAVE THEIR OWN REGISTRATION FORM FILLED OUT AND SIGNED ***

In acceptance of my fees, I hereby release, waive, discharge and hold harmless The Dojo, its agents and employees from any losses for bodily injury, wrongful death or damages resulting from my participation in any activities inside The Dojo or outside in relation to The Dojo. I understand and am aware that physical activities including strength, flexibility, aerobic exercise and instructional classes, including use of equipment, are potentially hazardous activities. I also understand that fitness activities involve a risk of injury and heart attack and that I am voluntarily participating in these activities and using equipment with knowledge of the dangers involved. I hereby agree to expressly assume and accept any and all risks of injury, and I forever release The Dojo, its agents and employees from any responsibility.

Signature (Parent if under 18) Printed Name Date

The Dojo - 10 Second St, Orangeville, ON Athlete Institute - 207321 Hwy 9, Mono, ON Best Western - 7 Buena Vista Dr, Orangeville, ON

Excellence Cannot Stand Still

By Bernie Haughey Sensei, Shuseikan Brisbane Australia



“True karate practitioners believe that learning and excellence cannot stand still. Their goal is the pursuit of excellence. They are calm, quietly confident, respectful and courteous in manner. They develop the ability to be more aware and make precise decisions. Their karate training is reflected in every aspect of daily living.” *Bernie Haughey Sensei.*

“There is no way to perfection but through patience and effort.”

Insight into Goju Ryu Karate

The development of Zen is an important part of the curriculum. I like how the techniques of discipline help a person’s mind gain more clarity. I like the traditional Japanese Karate curriculum, with a proven and respected history contributed to and very effectively developed by Martial Arts Masters. *It is indeed an art form which develops the entire person – their mind, body & spirit.*

It incorporates defense & offence. It has taught me the fundamentals of learning: that to learn effectively, you must be open to new knowledge & not think that you know all of the answers. It has taught me you must show respect, courtesy, self-discipline & loyalty if you are going to learn effectively & gain the trust of the instructor. The uniform & first belt is white. This symbolizes purity & readiness to receive new knowledge & represents and an important fresh-new start in their lives.

When used for the purposes of justice, Goju Ryu Karate is devastating and has few equals.

Goju Ryu Katas are not only beautiful, but its secret techniques harness the biomechanics of the body & natural flow of energy that we can all tap into put into positive life uses.

Training in traditional Goju has brought me down to earth, to live in reality. It has made me more relaxed & gentle. This might sound like a paradox, but by harnessing your power & increased awareness, it leads to gentleness & wisdom.

The development of the mind is the most important aspect of karate that I cherish. The mind is the most powerful weapon a person has. It should only be used for good & justice.

Zen is first & foremost. Knowledge is never-ending; life is never ending.

Concentration means “all out” total release of energy & it should be the same in every act of our life. But if you have exhausted all your energy, you can take in fresh energy, flowing like the water

in the stream. Spirit is what matters first; technique & body come afterward. “It is always Shin, your spirit, that decides your fate in the battle of life”.

Benefits of Positive Thinking

“The greatest human invention or idea may have hundreds of failures before it achieves success. Sometimes a student may think something is standing in their way, but this is really an illusion. What exists is an opportunity for them to do their best and gain success. My advice has always been to 'think positive', and find fuel in any failure.”

“Be true to yourself and others.”

Failure leads to Success

“When a person fails, he or she actually gets closer to where they want to be. Every time you try something that does not work, you are getting closer to finding the solution.”

“Value humanity, not money.”

Keys to Life & Survival

Mental toughness, it the key to survival, this is the product of spiritual strength and meditation. It comes through training, meditation, and exercise.

Self-reliance is the key to survival. The more self-reliant you are, the less you will fall victim to the mercy of others.

Mental Calmness is the key to survival. Meditation is a way to calm your inner-self. In desperate times, you mind must remain calm.

Instinct is the key to survival. Through self-defense and karate training you will intensify your instincts — "always follow your instincts".

“Life itself is a constant struggle – live life purely and with sharpness.”

Compassion through Self-Cultivation

“In today’s rapidly changing times and the gradual is integration of culture, there is a strong need for an art form with a true philosophical base – one that emphasizes continual self-cultivation and refinement. This art should have at its core the development of the Individual and be designed to promote a genuine concern and responsibility to other human beings, not try to encourage aggression and a ‘win only’ attitude. Martial arts should focus on the development of the individual in which the ultimate goal is to continuously strive to develop the positive qualities within each of us; this is the true essence of Goju Ryu Karate.”

“Traditional karate is not a dance; it is a way of effective self-defense and a way of life.”

"You must, above all, learn the art of true and real patience. Always think first and avoid acting rashly. Never harm anyone or let yourself be harmed."

"Karate requires you to make a strenuous effort night and day, before you achieve understanding. Strong Spirit and Will Power, so that we can overcome our own interests.

It is very important to exercise every day, not to become bored, not to give into anguish. Karate teaches a student the importance of devotion. Devotion is a deep gratitude & willingness to act. We all need to open our heart to the truth – the truth about our inner self. Meditation is a medium that will help a student do this. Karate is more than just techniques, more than just developing physical strength. It is the development of that which is within you.

To practice Zen or Martial Arts, you must live intensely, whole- heartedly without reserve. Lacking this sort of commitment Zen becomes mere ritual and the Martial Art devolves into mere sport.

SHUJI TASAKI HANSHI 9th Dan
Founder of
GOJU RYU KARATEDO SEIWAKAI

"Our founder Tasaki Hanshi dedicated his life in helping others. He has provided us with a suitable path to follow. Everyone has a spirit that can be refined, a body that can be trained and conditioned. Developing students to have a strong character, good technique and to have a successful life of a good person with positive discipline and perseverance."

Bernie Haughey Sensei
SHUSEIKAN AUSTRALIA agkk.com.au



Seiwa Kai Around the Globe



Seiwa Kai Goju Ryu Karatedo International

Seiwa Kai Goju Ryu Karatedo Seminars

Seiwakai International has a very full seminar calendar with many opportunities for training. Regular participation in these seminars is the manner by which you keep your Karatedo skills sharp, and continue the learning process.

- Australia – April 8, 9, 10
- Portugal – May 6, 7, 8
- Toronto, Canada – May 13, 14, 15 (See page 9)
- Omagari, Japan– July 20, 21, 22, (23 rest day) 24, 25, 26
- London, UK – October – 21, 22, 23, 24 Total 16 hours training available.
- Santa Monica, California USA – November

Additionally, Leo Lipinski Shihan will be conducting at least eight seminars this year in England which will be 2 days each. Please refer to the schedule on the next page for details.

He will also be teaching in Belgium, Indonesia, Greece, Italy, Slovakia, Hungary, South Africa, Bulgaria, Australia and quite probably a few other countries.

Leo Shihan is also planning a seminar for seniors, those who run dojos, and instructors who run countries that will take place over 4/5 days. It is hoped that the first will take place in Europe with Fujiwara Shihan teaching starting sometime next year.

Registration information will be published as it becomes available.



U.K. Seiwa Kai Seminars 2016

Seiwa Kai Founder: Shuji Tasaki, Shihan
Seiwa Kai President: Seiichi Fujiwara, Shihan



<p>March 19th & 20th 2016 First Dojo 10:00-16:00 Jamie Edmonds 0736-009772 Unit 7a Sycamore Trading Estate Blackpool FY4 3RL</p>	<p>April 9th & 10th 2016 North Yorkshire Goju Ryu Worsall 10:30-16:00 Tony Foxtton 07800-587624 Worsall Village Hall Church Lane Worsall TS15 9QB</p>
<p>April 30th & May 1st 2016 London 10:00-16:00 Kim Singh kim.elsk@yahoo.com 122 Forest Rise Walthamstow London E17 3PW</p>	<p>May 21st & 22nd 2016 Manchester Seiwakai Stockport 10:00-16:00 Ian Bruckshaw 07939-463154 Life Leisure Priestnall Priestnall Road Heaton Mersey Stockport SK4 3HR</p>
<p>June 11th & 12th 2016 Newcastle Goju Ryu Newcastle 10:00-17:00 Aaran Milan-Vega 07584-673911 Chillingham Road Primary School Ninth Avenue Heaton Newcastle-upon-Tyne NE6 5XX</p>	<p>August 6th & 7th 2016 Isle of Sheppey Kent ME12 3LP Isle of Sheppey 10:00-16:00 Theresa Langworthy 01795-874291</p>
<p>Oct 21st - 23rd 2016 Annual Seiwakai Seminar Shihan Leo Lipinski 07803-015404 Bishop Douglas School London N2 0SQ</p>	<p>Nov 26th & 27th 2016 Manchester 10:00-16:00 Steve Sijuwade 07708-497223 Ho Shin Do Karate Manchester</p>

Seiwa Kai Hong Kong Seminar and Tournament

By Vassie Naidoo

Congratulations are in order for Shihan Eddie [Hok Ming] Liu and all of Hong Kong Seiwakai. Shihan Liu and Hong Kong Seiwakai hosted a very well organized seminar and competition in the Kowloon region of Hong Kong over the weekend of March 4th to 6th 2016.



Shihan Eddie Liu hosted an open training on Friday March 4th and opened the weekend with a seminar series on Saturday March 5th. The two Saturday sessions of 3 hours each were well attended and clearly enjoyed by all participants.

Visiting members; Vassie Naidoo, Abel Figueiredo, Johnpaul Williams, Russ Costello, of Seiwakai International who were present at the competition were fortunate enough to have a private session with Fujiwara Shihan. The extensive training included kata Sanchin, Tensho, Seisan and Kururunfa.

On Sunday came the Hong Kong Seiwakai competition at the Kowloon Bay Sports Center. Participants from beginner to WKF experienced displayed admirable sportsmanship and camaraderie. Western countries should take note and example that in Hong Kong as well as China, talented athletes are salaried to train in order to focus and continue to grow in their sport and education.

Honorarys and guests present for competition included Shihan Seiichi Fujiwara, Shihan Kai [Satoshi] Takahashi, CF Chan, Vassie Naidoo, Abel Figueiredo, Johnpaul Williams & Russ Costello. Shihan Kai [Satoshi] Takahashi is the founder of Hong Kong Seiwakai and was a student of Hanshi Shuji Tasaki since the 1960's. Shihan Takahashi had accompanied and represented

Hanshi Shuji Tasaki throughout Asia including the Philippines and Thailand. Now having moved to Thailand, Shihan Takahashi is still very energetic and has a feisty young soul!

Food, food, and oh yeah more food - The Hong Kong hosts group was gracious in showing their hospitality to visiting Shihan and Sensei. Guests enjoyed magnificent Hong Kong landmarks, sampling the truest of classical Hong Kong cuisine and traditional Chinese dishes. Some guests chose to succle on the exotic foods the equally bold attempted



the fiery side to discover a special spice known as the 'Numb seed.' You had to be there to understand! A very special thank you to Richard Chan - Director of www.Toyotravel.com and www.spacebusltd.com.hk for taking Monday off from work and act as tour guide.



During informal dining in Hong Kong, Eddie Liu proposed Hong Kong to host the 1st World Seiwakai Championship Tournament in the Spring of 2018. Further discussions of this will continue this this July in Omagari Japan. Fujiwara Shihan also strongly recommends that all Seiwakai Sensei and senior participants begin the training and licensing process of their national

referee corps. Fujiwara Shihan recognizes that referee training and education also makes for better coaches and teachers.



Photo Credits: Abel Figueiredo and JP Williams

Seiwa Kai Portugal Seminar: May 6, 7, and 8



GOJU-RYU KARATEDO SEIWAKAI

INTERNATIONAL SEMINAR

Portugal • Lisbon • Seixal
May 2016: 6th, 7th & 8th

Friday: 18h30-20h30
Sat&Sunday: 10h-13h + 15h-17h30

Seiichi Fujiwara
(Japan)
Hanshi 8th dan

Leo Lipinski (England)
Hanshi 8th dan


Rastizlav Mráz (Slovakia)
Kyoshi 7th dan

Sports Hall:
Pavilhão Escola Pedro Eanes Lobato
Praceta Joaquim Pinto Malta
2845-482 Amora-Seixal

Logistics: *Seiwakai Lisbon Branch*
E-mail: direccaonkgr@gmail.com / tel: 00351 966635875

Organization:
Seiwakai - Portugal
Branch de Lisboa

Sponsor:
Município do Seixal
Junta de Freguesia de Fernão Ferro



Seiwa Kai England Competition Team

Submitted by Marie Tanabalan



Congratulations and well done to all those who have been selected into the (TKF) Seiwakai England National Team! On behalf of the coaching team, we would like to wish them all the very best for 2016!



We wish the best of luck to Jake and Jasmine at the US Open.

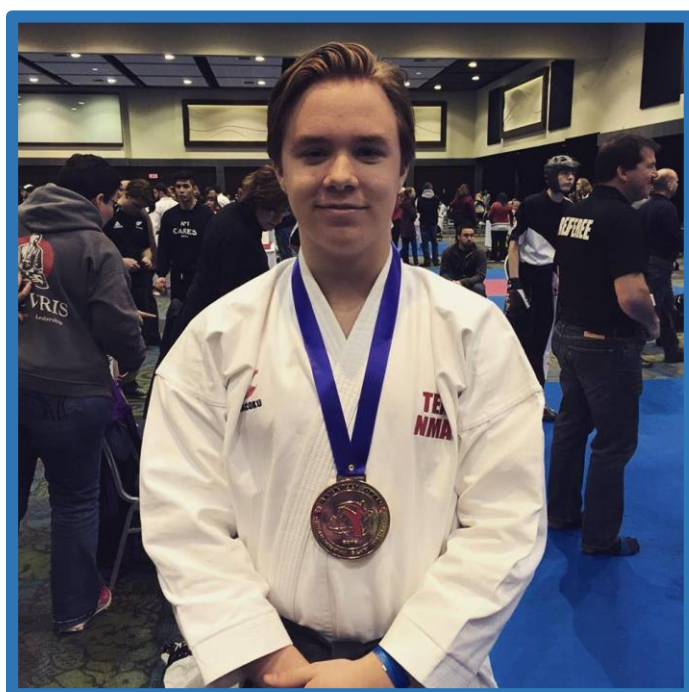
Benoit's Martial Arts

At The Quebec Open

Mrrissa Meandro won gold at the Quebec Open in 14-15 Year Kata Female Division over the weekend of March 12th, 2016.



//



Bradly Chaput won gold in individual kata and silver in team kata at the Palais des Congrès in Gatineau QC, Canada.



**JKF Gojukai Australia Kata Seminar
Friday 8 April & Saturday 9 April 2016.**

JKF Gojukai Coaches

Shigenori Sato, 8th Dan Hanshi (Japan), Shinji Fushimi, 8th Dan Hanshi (Japan), Seiichi Fujiwara, 8th Dan Hanshi (Japan), MasaoTada, 8th Dan Hanshi (Japan), Glenn Stephenson, 6th Dan Renshi (Australia), Stacey Karetsian, 6th Dan Renshi (Australia), John Hart 5th Dan Renshi (Australia)

全日本空手道連盟剛柔会

Please be aware that numbers are limited.

(Payment and form sent by Friday, 5th March 2016
and registered 30 minutes before starting time of seminar)

Registration form:

Name: _____

Date of Birth _____ JKF Gojukai # _____

Address _____

Contact phone: _____ State _____

Club/association: _____

Email _____

I hereby submit this application for registration of the above named JKF Gojukai KARATEDO Seminar/s. I agree to waive all claims against any persons connected with these seminars/clinics and likewise assume all responsibilities for any injuries sustained, including but not limited to the said seminar and travelling arrangements to and from the said seminar/s.

Signature _____

Date _____

Signed by Parent or guardian if participant is under 18 years of age

Attending Seminar: Member \$150.00 Non Member \$250.00

Cheque / Money orders payable to:

JKF Gojukai Australia Inc.

Glenn Stephenson

15 Horatio street, Rosemeadow NSW 2560 Australia glennstephenson@bigpond.com

Confirm all Registration 30 minutes before starting time.

JKF GOJUKAI AUSTRALIA ITINERARY 2016

JKF Gojukai Seminar (JKF Gojukai Members)

Cost: Member \$150.00 Non Member \$250.00

Friday, 8th April - 09:30 am Registration

Friday, 8th April – 10:00-12:30 pm 2:00-5:00 pm

Saturday, 9th April – 10:00-12:00 noon 1:00-3:00pm

Venue: Bald Hill State School, 2156 Gympie Road, Bald Hills.

JKF Gojukai Testing (JKF Gojukai Members Only) 1 – 5 Dan

(Must do JKF Gojukai Seminar)

Saturday, 9th April – from 4:00-7:00 pm

Cost: 5,000 yen Testing fee (1 – 3 Dan)

10,000 yen Testing fee (4 – 5 Dan)

1st Dan 5,000 yen Registration fee

2nd Dan 6,000 yen Registration fee

3rd Dan 7,000 yen Registration fee

4th Dan 15,000 yen Registration fee

5th Dan 20,000 yen Registration fee

Venue: Bald Hill State School, 2156 Gympie Road, Bald Hills

26th JKF Gojukai Australia National Championships 2016

Cost: \$50.00

Sunday, 10th April 2016 8:30 am Registration

9:00 am – 4:00 pm Tournament

Venue: Bald Hill State School, 2156 Gympie Road, Bald Hills.

APPLICATION FORM FOR TESTING

(昇段級審査受審願) Held on _____ . _____ . _____

To Mr. Ujita Eizo JKF Gojukai president

Day Month Year

JKF Gojukai 会長宇治田栄蔵殿

Held at _____

		PRESENT GRADE (現段級)
NAME OF BRANCH (支部名)	NAME OF KAI or KAN (道場名)	ATTEMPTED GRADE 受審段位
MEMBERSHIP NO. (会員番号)		PHOTO (Passport size)
フリカナ NAME (名前)	CHINESE CHARACTER (If applicable)	
DATE OF BIRTH (生年月日)	/ / _____ years old (才)	
Address(住所)		
Tel&Fax(電話番号・ファクス)		
DATE OF STARTING KARATE (入門年月日)		/ /
LATEST DAN (最終段位) _____	CERTIFICATE NO. _____	DATE OF ISSUE (取得年月日) / /
CERTIFIED THE ABOVE BY(上記保証人)		
HEAD OF YOUR KAI OR KAN IN JAPAN		SIGNATURE _____ 印

FOR OFFICIAL USE

RESULT (決定段位)	DAN (段)	CERTIFICATE NO. (免状番号)
CERTIFIED THE ABOVE 上記の通り認定した。		DATE: / /
BY CHIEF EXAMINER (審査委員長)		CHIEF OF TESTING COMMITTEE (段位委員会委員長)
NAME & SIGNATURE (名前・署名)		
NAME (名前) _____ (印)		SIGNATURE(署名) _____



Japan Karate Federation GOJU KAI Australia
25th JKF Gojukai AUSTRALIAN NATIONAL CHAMPIONSHIPS
2016

Sunday, 10th April 2016

Venue: Bald Hill State School, 2156 Gympie Road, Bald Hills.

Registration - 8.30 am Starts – 9.00 am.

First Name Surname
Address
Postcode Phone Age at (31/3/2016).....
Date of Birth...../...../..... Sex M/F..... Height Weight
Instructor Club..... State.....

All entry forms must be returned with required fee \$50 per entrant to:

Glenn Stephenson 15 Horatio street, Rosemeadow NSW 2560 Australia
glennstephenson@bigpond.com +61 412 668 965

ENTRIES MUST BE IN BY LAST MAIL Friday 5th MARCH, 2016

Please note : ENTRIES RECEIVED AFTER THIS DATE WILL NOT BE ACCEPTED

KATA

Primary 1-4th grade - M/F () Primary 5-6th grade -M/F () J / High 7-8th grade -M/F ()
Junior High 9-11th grade -M/F () Under 18 years - Male () Under 18 years – Female ()
Kyu grade 10-5 – M/F () Kyu grade 4-1 M/F () Over 40 years - M/F ()
Open Male () Open Female ()

KUMITE

Under 9 Female () Under 9 Male () Under 14 Male ()
Under 12 Female () Under 11 Male () Under 16 Male ()
Under 14 Female () Under 12 Male () Under 18 Male ()
Under 16 Female () Under 13 Male ()
Under 18 Female () Kyu grade 10-5 Female () Kyu grade 10-5 Male ()
Open Female () Kyu grade 4-1 Female () Kyu grade 4-1 Male ()
Under 65kg Male () Under 75kg Male () Over 75kg Male ()
Open Male () Over 40 years Male () Over 40 years Female ()

COMPULSORY SAFETY EQUIPMENT: MOUTHGUARD

GROIN PROTECTOR (MALES)

WKF or JKF approved GLOVES

**OPTIONAL SAFETY EQUIPMENT: BREAST PROTECTORS (FEMALES) ARM
GUARDS, SHIN & SHIN INSTEP PROTECTORS**

NOTE: Indemnity form MUST be completed AND SENT BACK WITH ENTRY FORM

Cheque / Money orders payable to : JKF Gojukai Australia Inc.

Glenn Stephenson 15 Horatio street, Rosemeadow NSW 2560 Australia

Email enquiries to: Glenn Stephenson glennstephenson@bigpond.com +61 412 668 965

Japan Karate Federation Goju Kai Australia

Indemnity Release

In consideration of being permitted to participate in this tournament and in the full knowledge that I am contractually binding myself and any other person or persons on my behalf to an exemption and absolution of liability for acts, deeds or omissions on the part of the JKF Goju Kai Australia, its office bearers, members, officials, agents, assignees or any other person authorised by the JKF Goju Kai Australia to act in any capacity whatsoever related to the objects or purposes of the JKF Goju Kai Australia.

I Hereby exempt and absolve the JKF Goju Kai Australia, its office bearers, members, officials, agents, assignees or any other persons authorised by the JKF Goju Kai Australia (as above) against any action or cause of action of whatsoever kind of nature and with full intent of giving the words “ action or cause of action of whatsoever kind of nature” the widest possible legal and literal interpretation and meaning and I include therein the exemption and absolution of the JKF Goju Kai Australia of liability, whether tortuous, contractual strict liability or otherwise, arising in any other possible legal cause or head of action whatsoever capable of being brought by myself or any other person or persons on my behalf or on behalf of the person for whom I might sign this document, this exemption and the absolution being in respect of any injury, damage or loss whatsoever or howsoever including (and without limiting the generality of the foregoing) injury, loss or damage caused in the course of or prior to or after or on the way to or in any way related to this tournament.

This indemnity covers any and all events in which I participate during the 25th JKF Gojukai Australian National Championships held in Brisbane on 10th April 2016.

Participant’s Signature:

Parent’s or Guardian’s Signature:

(If participant is less than 18 years of age)

Date: / /

Seiwa Kai Russia

Спортивный клуб Будокан Sports Club Budokan

Photo Contributed by Vasily Zyukalin



Seiwa Kai Greece

Contributed by Dimitris Tsakatanis



Seiwa Kai South Africa

Contributed by Gary Mahnke

Goshukan South Africa's Isabelle Visser just took double gold for Kata and Kumite at the South African Children's National All Style Championships in Durban.

